



Need Help?



Are you wondering what to do if you **don't have an item** on the supply list or you **can't find a human partner**?

Although a **human partner is your best option**, here at **Cornerstone**, we **understand** this may not always be possible. Your **time is valuable**, and it requires effort to complete the **skills videos**.

BEFORE FILMING

Review the **acceptable alternatives** below to **avoid** having to **re-film** your skills videos.

KEY



Requires a Person



Requires Water



Pillow Accepted



Requires Toes



Requires Fingers



Mannequin Accepted



Requires Moveable Joints



Ball Accepted



Balloon Accepted

Skill Requirements

Assist to Walk

Transfer Bed to Chair/Wheelchair

Turn & Position in Bed

Mouth (Oral) Care

Fingernail Care

Foot Care

Assist Weak Arm to Dress

Put a Knee High Stocking

Passive ROM

Assist to Eat

Assist Perineal Care

Catheter Care

Medication Assistance

Shave with Safety Razor

***If truly unable to find a person or item contact assignments@cornerstonehealthcaretraining.com to assist with questions **PRIOR** to filming.